



## Emergency Message for U.S. Citizens: Herat (Afghanistan), Travel Restriction

Travel Health and Safety

South Central Asia > Afghanistan > Kabul

12/12/2012

As a reminder, in accordance with the Travel Warning for Afghanistan the Department of State warns U.S. citizens against travel to Afghanistan. U.S. citizens traveling to Afghanistan despite this warning should avoid being predictable in their movements, including varying routes and times in commutes or other routine travel. The U.S. Embassy urges U.S. citizens to remain vigilant and avoid areas where westerners congregate, such as hotels and guest houses. Do not discuss travel plans or other personal matters with strangers, or in public places. U.S. citizens in Afghanistan should regularly monitor Emergency U.S. citizens in Afghanistan should regularly monitor Messages for U.S. Citizens | Embassy of the United States Kabul, Afghanistan as well as the Department of State's Bureau of Consular Affairs website, where the Worldwide Caution, Country Specific Information and the Travel Warning for Afghanistan are found.

In addition, the Embassy encourages U.S. citizens to review "A Safe Trip Abroad" which includes valuable security information for those traveling or living in foreign countries. You can also follow the Bureau of Consular Affairs on Twitter and on Facebook. Up-to-date information on security can also be obtained by calling 1-888-407-4747 toll-free in the United States and Canada, or, for callers outside of the United States and Canada, on a regular toll-line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

The U.S. Embassy is located at Great Massood Road between Radio Afghanistan and the Ministry of Public Health in Kabul. To reach the American Citizens Services unit during business hours, please call 700-108-499 or send us an email at [KabulACS@state.gov](mailto:KabulACS@state.gov). You can also reach us through the Embassy's switchboard by calling 0700-108-001/002. For after-hours emergencies involving U.S. citizens, please call the Consular Duty Officer at 0700-201-908.

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